



**HOLY NAME OF  
JESUS SCHOOL**

# Holy Name of Jesus School

## Entrée and Sandwich Choices



### December 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 1 November 26 –30	11/ 26 ☉ White Beans w/ Sausage & Brown Rice Creamed Spinach Corn Bread Italian Meatball Sandwich Fresh Salad Bar	11/27 Chicken Tenders ☉ Grilled Tenders ☉ WW Mac & Cheese ☉ Steamed Broccoli ☉ Turkey & Cheese Sand Fresh Salad Bar	11/28 ☉ Chicken Creole w/ Brown Rice ☉ Okra & Tomatoes Fresh Roll Ham and Cheese Sand Fresh Salad Bar	11/29 ☉ Chicken & Andouille Gumbo w/ Brown Rice Fresh Roll ☉ Baby Carrots ☉ Grilled Chicken Sand Fresh Salad Bar	11/30 ☉ Chicken Salad Protein Pack ☉ Sweet Potato Fries  Hot Dog Fresh Salad Bar	December 1
WEEK 2 December 3 - 7	3 ☉ Red Beans w/ Sausage & Brown Rice ☉ Stewed Turnip Greens ☉ Italian Meatball Sandwich Fresh Salad Bar	4 ☉ Grilled Chicken Sand ☉ Sweet Potato Fries Green Peas ☉ Turkey & Cheese Sandwich Fresh Salad Bar	5 <b>BRUNCH FOR LUNCH</b> ☉ Scrambled Eggs ☉ Turkey Sausage ☉ WW Waffle ☉ Fresh Fruit Chicken Salad Croissant Fresh Salad Bar	6 ☉ WW Alfredo Pasta ☉ Baby Carrots Garlic Bread ☉ BBQ Shredded Chicken Sandwich Fresh Salad Bar	7 ☉ Turkey Burger on Bun ☉ Cauliflower & Cheese Hot Dog Fresh Salad Bar	
WEEK 3 December 10 - 14	10 ☉ Red Beans w/ Sausage & Brown Rice ☉ Green Beans Corn Bread ☉ Turkey and Cheese Sand Fresh Salad Bar	11 Cheeseburger on Bun ☉ Sweet Potato Fries ☉ Italian Veg Medley ☉ Italian Meatball Sandwich Fresh Salad Bar	12 Tomato Basil Soup Grilled Cheese Sand. ☉ Cauliflower & Parmesan  ☉ Tuna Salad Sandwich Fresh Salad Bar	13 ☉ Seafood Gumbo w/ Brown Rice Fresh Roll ☉ Baby Carrots Ham & Cheese Wrap Fresh Salad Bar	14 ☉ Tuna Salad Protein Pack ☉ Broccoli & Cheese Hot Dog Fresh Salad Bar	
WEEK 4 December 17 - 21	17 ☉ White Beans & Sausage w/ Brown Rice Creamed Spinach Corn Bread ☉ Chicken Salad Sand Fresh Salad Bar	18 Chicken Tenders ☉ Grilled Tenders ☉ WW Mac & Cheese California Veg Medley ☉ Turkey & Cheese Sand Fresh Salad Bar	19 ☉ Spaghetti & Meatball ☉ Steamed Broccoli Garlic Bread  ☉ Italian Meatball Sandwich Fresh Salad Bar	20 <b>Christmas Break</b>	21 <b>Christmas Break</b>	
WEEK 5 December 24 - 28	24 <b>Christmas Break</b>	25 <b>Christmas Break</b>	26 <b>Christmas Break</b>	27 <b>Christmas Break</b>	28 <b>Christmas Break</b>	



Eat Fit NOLA options meet the nutritional criteria designed by Ochsner Health System. Download the Free Eat Fit App and look for Holy Name of Jesus in Eat Fit Schools Section for full nutrition facts.

